

STEVE REDGRAVE

FACT FILE

SPORT

Rowing

DOB

23 March, 1962

NATIONALITY

British

OLYMPIC MEDALS

- 1 Gold (1984 Los Angeles);
- 1 Gold, 1 Bronze (1988 Seoul);
- 1 Gold (1992 Barcelona);
- 1 Gold (1996 Atlanta);
- 1 Gold (2000 Sydney)

Britain's
greatest
Olympian!

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Materials

DOLL

- » Patons Fab DK; 274m/100g ball (100% acrylic):
 - 1 ball in cream, 2307 (A)
- » Patons Diploma Gold DK; 120m/50g ball (55% wool, 25% acrylic, 20% nylon):
 - 1 ball in beige, 6143 (B)
- » Pair of 3.25mm (US 3) knitting needles
- » Stitch holder or safety pin
- » Tapestry needle
- » Toy stuffing
- » Short length of black yarn
- » Pink embroidery thread
- » Embroidery needle

OUTFIT

- » Patons Fab DK; 68m/25g ball (100% acrylic):
 - 1 ball in royal blue, 2321 (C)
 - 1 ball in white, 2306 (D)
- » Oddment of red yarn

TENSION

25 sts x 34 rows = 10cm (4in) square over stocking stitch using 3.25mm (US 3) needles.

Doll pattern

BODY AND HEAD

Using A and 3.25mm (US 3) needles, cast on 28 sts.

Row 1 (WS): Purl.

Row 2 (RS): K6, m1, k2, m1, k12, m1, k2, m1, k6. (32 sts)

Row 3: Purl.

Row 4: K7, m1, k2, m1, k14, m1, k2, m1, k7. (36 sts)

Work 5 rows in stocking stitch.

Row 10: K6, k2tog, k2, k2togtbl, k12, k2tog, k2, k2togtbl, k6. (32 sts)

Row 11: Purl.

Row 12: K5, k2tog, k2, k2togtbl, k10, k2tog, k2, k2togtbl, k5. (28 sts)

Work 5 rows in stocking stitch.

Row 18: K6, m1, k2, m1, k12, m1, k2, m1, k6. (32 sts)

Row 19: Purl.

Row 20: K7, m1, k2, m1, k14, m1, k2, m1, k7. (36 sts)

Work 3 rows in stocking stitch.

Row 24: K8, m1, k2, m1, k16, m1, k2, m1, k8. (40 sts)

Work 7 rows in stocking stitch.

Row 32: K7, k2tog, k2, k2togtbl, k14, k2tog, k2, k2togtbl, k7. (36 sts)

Row 33: P6, p2togtbl, p2, p2tog, p12, p2togtbl, p2, p2tog, p6. (32 sts)

Row 34: K5, k2tog, k2, k2togtbl, k10, k2tog, k2, k2togtbl, k5. (28 sts)

Row 35: P4, p2togtbl, p2, p2tog, p8, p2togtbl, p2, p2tog, p4. (24 sts)

Row 36: K3, k2tog, k2, k3togtbl, k4, k3tog, k3, k2togtbl, k3. (18 sts)

Work 3 rows in stocking stitch.

Head

Row 40 (RS): K4, m1, k2, m1, k6, m1, k2, m1, k4. (22 sts)

Row 41: P5, m1, p2, m1, p8, m1, p2, m1, p5. (26 sts)

Row 42: K6, m1, k2, m1, k10, m1, k2, m1, k6. (30 sts)

Work 11 rows in stocking stitch.



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Row 54: K5, k2tog, k2, k2togtbl, k8, k2tog, k2, k2togtbl, k5. (26 sts)
Row 55: P4, p2togtbl, p2, p2tog, p6, p2togtbl, p2, p2tog, p4. (22 sts)
Row 56: K3, k2tog, k2, k2togtbl, k4, k2tog, k2, k2togtbl, k3.
Cast off.

ARMS (MAKE 2)

Using A and 3.25mm (US 3) needles, cast on 12 sts.
Starting with a knit row, work 32 rows in stocking stitch.
Row 33: K1, [k2tog] twice, k2, [k2tog] twice, k1. (8 sts)
Row 34: Purl.
Row 35: K2, [m1, k2] 3 times. (11 sts)
Row 36: Purl.
Row 37: K2, m1, k3, m1, k4, m1, k2. (14 sts)
Work 7 rows in stocking stitch.
Row 45: K1, [k2tog] 6 times, k1. (8 sts)
Break off yarn and thread through stitches on needle.
Draw tight and secure the end.

LEGS (MAKE 2)

Using A and 3.25mm (US 3) needles, cast on 15 sts.
Starting with a knit row, work 4 rows in stocking stitch.
Row 5: K4, k2tog, k3, k2tog, k4. (13 sts)
Work 33 rows in stocking stitch.
Shape feet
Row 39: K1, m1, k5, m1, k1, m1, k5, m1, k1. (17 sts)
Row 40: Purl.
Row 41: K8, m1, k1, m1, k8. (19 sts)
Row 42: Purl.

Row 43: K9, m1, k1, m1, k7, turn, do not work remaining sts on the left-hand needle.
Row 44: Sl1, p16, turn.
Row 45: Sl1, k7, m1, k1, m1, k6, turn.
Row 46: Sl1, p14, turn.
Row 47: Sl1, k6, m1, k1, m1, k3, turn.
Row 48: Sl1, p8, turn.
Row 49: Sl1, knit to end of row.
Cast off knitwise.

EARS (MAKE 2)

Using A and 3.25mm (US 3) needles, cast on 6 sts.
Row 1: Knit.
Break off yarn and thread through stitches on needle.
Draw tight and secure the end.

HAIR

Using B and 3.25mm (US 3) needles, cast on 6 sts.
Work 4 rows in garter stitch.
Cast on 4 sts at beginning of next 2 rows. (14 sts)
Work 4 rows in garter stitch.
Cast off 2 sts at beginning of next 2 rows. (10 sts)
Work 10 rows in garter stitch.
Next row: K1, sl1, k2tog, psso, knit to last 4 sts, k3tog, k1. (6 sts)
Cast off knitwise.

ALL-IN-ONE SUIT

Using C and 3.25mm (US 3) needles, cast on 20 sts.
Row 1: Knit.
Row 2: Knit.
Starting with a knit row, work 6 rows in stocking stitch.

Transfer on to a stitch holder and make Leg 2.

Join legs

Row 9: Knit 20 sts on Leg 1, knit across 20 sts on Leg 2. (40 sts)
Row 10: Purl.
Work 6 rows in stocking stitch.
Row 17: K7, k2tog, k2, k2togtbl, k14, k2togtbl, k2, k2tog, k7. (36 sts)
Work 3 rows in stocking stitch.
Row 21: K7, k2tog, k2togtbl, k14, k2togtbl, k2tog, k7. (32 sts)
Work 3 rows in stocking stitch.
Row 25: K8, m1, k2, m1, k16, m1, k2, m1, k8. (36 sts)
Work 11 rows in stocking stitch.
Row 37: K7, cast off 4 sts, k14 (include the last st from cast-off in the count), cast off 4 sts, k7 (include the last st from cast-off in the count).
Transfer the first 21 sts of the last row on to a stitch holder.
Shape back right neck
Work 2 rows in stocking stitch.
Row 40: Cast off 2 sts, purl to last st, k1. (5 sts)
Row 41: K1, k2tog, k1. (4 sts)
Row 42: K1, p2tog, k1. (3 sts)
Row 43: Knit.
Row 44: K1, p1, k1.
Cast off.
Shape back left neck
Transfer the group of 7 sts from stitch holder on to the needle and rejoin yarn with WS facing.
Work 2 rows in stocking stitch.
Row 40: Cast off 2 sts, purl to end. (5 sts)
Row 41: K1, k2togtbl, k1. (4 sts)
Row 42: K1, p2togtbl, k1. (3 sts)

FACT

Redgrave was made an MBE in 1987, a CBE in 1997, and became a Knight Bachelor in 2001.



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Row 43: Knit.
 Row 44: K1, p1, k1.
 Cast off.

Shape front neck

Transfer 14 sts from stitch holder on to the needle and rejoin yarn with WS facing.

Work 2 rows in stocking stitch.

Row 40: K1, purl to last st, k1.

Row 41: K4, p1, transfer the remaining 9 sts on to a stitch holder or safety pin. (5 sts)

Shape front left neck

Row 42 (WS): K1, p3, k1.

Row 43: K2, k2tog, k1. (4 sts)

Row 44: K1, p2, k1.

Row 45: K1, k2tog, k1. (3 sts)

Row 46: K1, p1, k1.

Cast off.

Shape front right neck

Transfer 9 sts from stitch holder on to the needle and rejoin yarn with RS facing.

Row 41: Cast off 4 sts, knit to end. (5 sts)

Row 42 (WS): K1, p3, k1.

Row 43: K1, k2togtbl, k2. (4 sts)

Row 44: K1, p2, k1,

Row 45: K1, k2togtbl, k1. (3 sts)

Row 46: K1, p1, k1.

Cast off.

SIDE STRIPES (MAKE 2)

Using D and 3.25mm (US 3) needles, cast on 3 sts.

Work in garter stitch until the strip measures the same length from the armhole to the border of the shorts.

Cast off.

FINISHING

Use the photographs as a guide throughout the finishing of the pieces and use matching yarn unless otherwise stated.

Weave in ends using the seams where appropriate.

Body and head

Using mattress stitch or backstitch, sew the side edges together to form the back seam. Sew together the edges on the top of the Head. Insert stuffing and sew the bottom seam.

Neck

Using a length of yarn without an end knot, insert the tapestry needle at back seam, just under the first row of increasing for head. Weave the needle in and out of stitches around neck, pull tight and tie a double knot, then sew in the loose ends.

Arms

Sew the side edges together to create the back seam. Insert stuffing and sew up the top opening. Using the same method as that described for the Neck, add wrists 3cm (1½in) from the fastened-off stitches. Using the decrease stitches on the shoulders as a guide, attach the arms to the Body.

Legs

Fold the cast-off edge in half, then sew together the cast-off edge and back seam. Insert stuffing and sew up the top opening. Attach the legs to the Body.

Head and face

Pin and stitch hair to the head.

Embroider the face as follows:
 Eyes: Using black yarn, work bullion knots (wrapped around needle 5 times).

Mouth: Using pink embroidery thread, work in backstitch.

All-in-one suit

Using mattress stitch or backstitch, sew the side edges together to create the leg seams and a back seam.

Using backstitch, embroider a red square-edged zigzag on both white stripes.

Pin and stitch the strips to the all-in-one suit.

Dress doll in the suit and sew shoulder seams.

ABBREVIATIONS

cm	centimetre
in	inch(es)
k	knit
k2tog	knit two together
k3tog	knit three together
m1	make one
mm	millimetre(s)
p	purl
p2tog	purl two together
pssso	pass slipped stitch over
RS	right side
sl	slip
st(s)	stitch(es)
tbl	through the back of loop
WS	wrong side
[]	work directions within square brackets as directed
*	work instructions after asterisk as directed.



This exclusive pattern was created to accompany the book *Knitlympics: Knit Your Favourite Sports Star* by Carol Meldrum. With patterns for 20 Olympic icons, plus tickets, a podium, torch and medals, the book contains everything you need to hold your own Knitlympic Games!

'From Florence "Flo-Jo" Griffith-Joyner's acrylic nails and Nadia Comaneci's pigtails, to Mark Spitz's luxuriant moustache, the patterns are easy to follow even for novices.'

Sunday Mirror

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